

PROCEDURE

ENDOSCOPIC ULTRASOUND

LOCATION

ARRIVAL TIME

Date

Physician

IMPORTANT INFORMATION ABOUT YOUR ENDOSCOPY

These instruction sheets contain key information on how to prepare for your procedure. Please read and follow all instructions carefully as it may be necessary to cancel your procedure if you do not. Please contact our office at (415) 502-4444 if you are unable to follow the instructions or have any questions about your procedure. You may also contact us by email via MyChart or at GI@ucsfmedctr.org

What to do TODAY:

- Double check your **appointment location** as UCSF has more than one endoscopy suite.

- **Arrange for your ride home after your exam:**
 - No cab or bus without someone riding with you
 - When you arrive for your procedure, the procedure area will confirm that you have someone to accompany you home.
 - **If you have not arranged for someone to accompany you home, your procedure will be canceled.**
 - Please note that the person who will take you home needs to be available by telephone and must be able to pick you up as soon as you are ready to be discharged (about 3 hours after you are scheduled to arrive for your appointment. Medical transport services charge a transportation fee

- **Please call your primary care doctor if:**
 - **You are on a blood thinner such as Coumadin, Plavix or Heparin.** You may need to substitute or stop the medication for the 5 days before your procedure
 - **You are taking medications for diabetes,** as your diabetes medications will need to be adjusted

What to do 5 days before your procedure:

- **STOP** tablets containing Iron

- Continue taking all regularly scheduled medications

- **Adjust your blood thinners and diabetes medications as directed by your Primary Care doctor or Cardiologist.**

The day before your procedure:

No food after midnight.

What to do the day of your procedure:

- Do not eat any solid food: **No Food**.
- DO NOT EAT OR DRINK anything else until after your procedure.